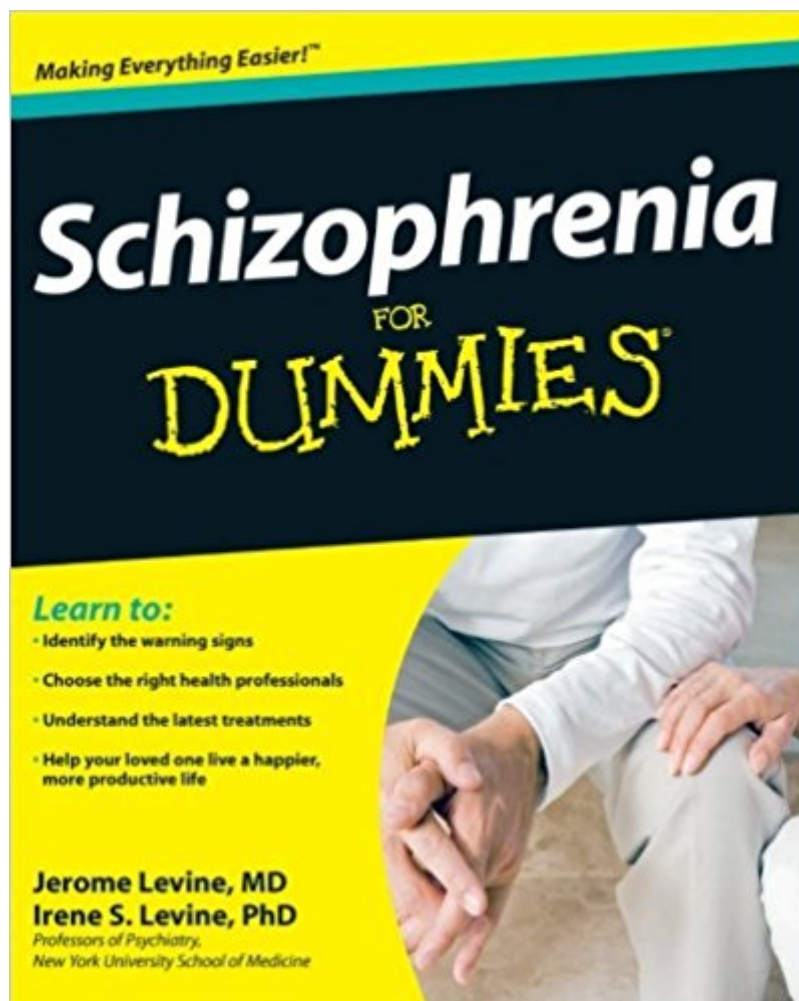


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# Schizophrenia For Dummies



## Synopsis

Practical tools for leading a happy, productive life Schizophrenia is a chronic, severe, and disabling mental disorder that afflicts one percent of the population, an estimated 2.5 million people in America alone. The firsthand advice in this reassuring guide will empower the families and caregivers of schizophrenia patients to take charge, offering expert advice on identifying the warning signs, choosing the right health professional, understanding currently available drugs and those on the horizon (as well as their side effects), and evaluating traditional and alternative therapies.

## Book Information

Paperback: 384 pages

Publisher: For Dummies; 1 edition (October 27, 2008)

Language: English

ISBN-10: 0470259272

ISBN-13: 978-0470259276

Product Dimensions: 7.4 x 1 x 9.3 inches

Shipping Weight: 1.8 pounds (View shipping rates and policies)

Average Customer Review: 4.3 out of 5 stars 43 customer reviews

Best Sellers Rank: #255,410 in Books (See Top 100 in Books) #66 in Books > Health, Fitness & Dieting > Mental Health > Schizophrenia #706 in Books > Health, Fitness & Dieting > Psychology & Counseling > Pathologies

## Customer Reviews

From diagnosis to recovery, take charge of care and enhance quality of life Are you looking for comprehensive, user-friendly information on schizophrenia? This respectful guide empowers families and caregivers to understand the disorder, as well as help their loved ones make the best healthcare decisions and live more independent lives. You get practical tools for supporting loved ones, staying optimistic, and keeping the whole family informed. Grasp the ins and outs of schizophrenia &#151; understand the causes and risk factors; recognize the symptoms and behaviors Find the best professional help &#151; get an accurate diagnosis, assemble a healthcare team, and ease into treatment Evaluate treatment options &#151; from medication to therapy to alternative methods, choose the treatments that best meet your loved one's needs Manage day-to-day life &#151; find housing, foster independence, and cope with crises Keep the family involved &#151; support a spouse, parent, or adult child with schizophrenia; help children understand, manage fears, and plan for the future Learn about the latest research &#151; discover

the new, promising directions of treatment that are providing help and hope "This book is easily read and provides an informative road map that can help everyone to orient themselves and navigate uncertain terrain, as part of a journey toward recovery." #151;Ken Duckworth, MD, Medical Director, National Alliance on Mental Illness Open the book and find: The differences between schizophrenia and other mental illnesses How to get past the shame and stigma Tips for coping with medication side effects Advice on navigating financial and legal issues Ways to avoid relapse and prevent a breakdown The benefits and risks of clinical trials Sources of support for patients and families

Jerome Levine, MD, is a board-certified psychiatrist whose career has spanned almost 50 years. He is the Deputy Director of the Nathan Kline Institute for Psychiatric Research in Orangeburg, New York. Irene S. Levine, PhD, served as the first Deputy Director of the U.S. Center for Mental Health Services. She is a clinical psychologist and an award-winning freelance journalist and author.

This review is for the e-book Schizophrenia For Dummies. I purchased this e-book a while back when I had a family member get diagnosed. This book helps you get a good understanding of the disease, what the common symptoms are, and how to deal with the person. What's interesting is how the symptoms manifest into very similar if not identical situations and stories. This book is a must read for anyone who has a friend or family member dealing with this disease, it helped my sanity.

This book is oriented towards families and friends of schizophrenics rather than schizophrenics themselves. It contains overviews of current (incomplete) medical knowledge; available drugs; strategies for living with schizophrenia; and references to resources for schizophrenics and people near them. As always with Dummies books, the tone is simple and straightforward and the information level is for intelligent laypeople. There's very little material from the viewpoint of schizophrenics themselves: what it's like to develop schizophrenia, or to be diagnosed with it, or to live with it. Nevertheless, an excellent survey.

The first couple of chapters talks about the symptoms and signs of schizophrenia. There are a few vignettes in the book, but not many. Most of the book focuses on the treatment and recovery of this debilitating disease, and it appears that the book is written for families of those who suffer and the patients themselves. Overall, it is a good book covering everything you need to know about the

illness. I wish there were more vignettes so I could learn about real people who suffer from it and how they recovered.

Tough study, but needed to know more.

Written for the caregiver, rather than the patient. Offers clear explanation of a condition, plus description of symptoms. Mostly describe US conditions, but also mentions European diagnostic procedures. Recommended.

The book was very informative and easy to understand. The one thing I would like is a book like this written for the person who has the mental illness instead of writing it towards the "poor caregivers" who are "burdened" with helping.

info helped

Excellent book for those with a loved one recently diagnosed.

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